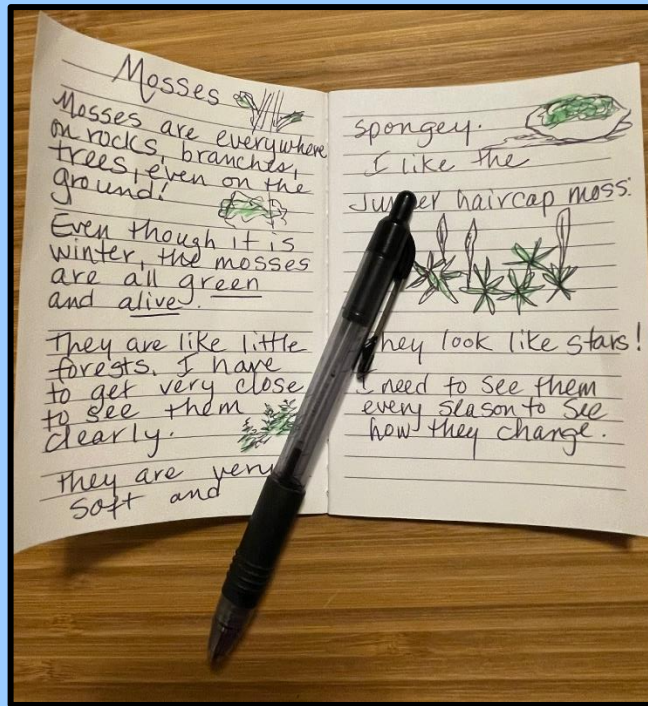


# Nature Writing

Writing helps us express our appreciation for the natural environment



Age: 6+

Time: 30+ minutes

It is always a good day to write about the beauties and mysteries of nature. Pack a pencil or pen and a blank book or journal when you visit Lake Wilderness Arboretum.

## Here's How:

1. Choose a garden in the Arboretum and **sit on a log or bench or on the ground.**
2. Sit for a while and **observe and listen.**
3. **Write** about one of the following:
  - 5 sentences about the path or trail to get to your place.
  - What you see and hear around you.
  - Choose one natural object near you and write about it: describe it and tell what you like about it.
  - What it would be like to live in the place where you are sitting.
4. You could **make a sketch** to accompany your writing.

## The Back Story:

Nature writing is a popular way to record what you experience while outdoors. You can write poetry or prose when you write about nature.

Poetry is language that rhymes or has rhythm. Prose is language that follows normal speech patterns. Poetry or prose about nature can include scientific information as well as your feelings. Sketching and painting to accompany your writing can also help express ideas about what you see or feel.